

COUNTDOWN TO KINDERGARTEN



NOVEMBER:

Color Recognition: identify and name frequently seen colors – red, blue, green, yellow, orange, purple, brown, black, pink, gray, etc.

Walking heel to toe: take five heel-to-toe steps forward and five heel-to-toe steps backward.

Practice holding crayons, drawing pictures, coloring pictures.

PRACTICE LOG: Initial each day that you practice any skill.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

End of the Month Self-Check:

1. I know my colors: red____; blue____; green____; yellow____; orange____; purple____; brown____; black____; pink____; gray____; other _____
2. I can take 5 steps heel-to-toe forward _____
I can take 5 steps heel-to-toe backwards _____

At the end of the month, tell us how many days you practiced with your child! Three lucky parents will win a \$25 Walmart or Food City gift card. Go to <https://bit.ly/CDTKnov> or scan the QR code with your phone's camera.



Sponsored by: Cocke County Cradle to Career Coalition (C-5)